

WHAT DO YOU WANT TO DO THIS SUMMER?



EXPLORE

Outdoor Adventures



GROW
Farm to Table



DISCOVER

Science and Technology



PLAY

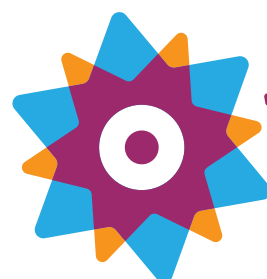
Sports and Fitness



CREATE

Arts and Drama

...OR, ALL OF THE ABOVE!



**CAMP
TWELVE
TRAILS™**



An Even Better Camp from Those You Already Know

Camp Twelve Trails™ is our new camp, which combines the best of the popular day camps of JCC on the Hudson, The Riverdale YM-YWHA, and YM & YWHA of Washington Heights and Inwood. Our mission is to provide children the finest summer experience, with innovative programming and personalized supervision, in state-of-the-art facilities at the Henry Kaufmann Campgrounds.

Warm, accepting, and driven by Jewish values, Camp Twelve Trails brings together the accumulated day camp expertise and tradition of these three organizations. We draw on our collective educational, recreational, and child development experience, our values, and our rich history to give families more than we ever have before.

Take a closer look and join our community.



Camp Twelve Trails was developed with financial support and guidance from UJA-Federation of New York. This investment ensures our camp continues to be a premier destination.

Camp Twelve Trails is a trademark of Young Men's and Young Women's Hebrew Association of Washington Heights and Inwood, Inc.

COMBINING THE BEST OF SPECIALTY & GENERAL DAY CAMPS

Camp Twelve Trails is a new concept that gives children ages 5–16 the best of both specialty camp and contemporary day camp programs. It is comprised of five Neighborhoods: **PLAY, CREATE, EXPLORE, DISCOVER,** and **GROW.**

Like choosing a major in college, campers select from different pockets of interest we call "Neighborhoods." This concept allows campers to strengthen their skills in their favorite specialty while also encouraging them to explore new areas. Deep friendships evolve as they engage with others who share their interests.

Children entering Kindergarten and 1st grade will have a full camp schedule with activities across all Neighborhoods. This allows younger campers to make more informed program choices as they continue with camp year after year.

Each week, campers in Grades 2 and up select a Neighborhood that offers them specialized programming. Half the day is spent immersed in the Neighborhood activities, while the rest of the day is spent enjoying traditional camp offerings including instructional and recreational swimming.



WELCOMING TO ALL

Our nurturing, inclusive camp has been carefully designed to provide children of every interest — athletic, artistic, adventurous, inquisitive — with flexible programming that delivers the summer experience best suited to them. We are also structured to accommodate children with disabilities and special needs who benefit from additional support and more individualized attention.

You Get to Choose

You can focus on one Neighborhood the whole summer or mix it up each week and try a little of everything. Whichever direction you take, your days will be jam-packed with fun. It's your journey, so you get to do the things you love while trying something new.



Develop and Grow

You will learn about the world around you and about yourself, improve the skills you have, and develop new ones. You will participate in this daily excitement as part of a caring community that actively supports its members and tries to make the world a better place. The friendships you build and the memories you make will last a lifetime.

Our Philosophy

The essence of Camp Twelve Trails is our dedication to universally shared values central to Jewish life. Our proactive integration of these values into everything we do supports children of all backgrounds and helps them grow into better people. Our warm, welcoming culture fosters a vibrant camp where we all look out for each other and take care of the world around us.

After five days full of fun and activity, we end each week as a community by coming together to recognize our accomplishments, celebrate in song, and reflect to welcome the Sabbath.

Our Jewish Values

- Welcoming and respecting everyone
- Taking responsibility for one another
- Caring for our bodies
- Caring for the environment
- Loving learning, and pursuing knowledge
- Striving to become our best selves
- Setting a good example



Welcome to the Neighborhoods



PLAY

Sports and Fitness

Delve Into Athletics, Build Your Skills, Enjoy Teamwork

Foster your love of sports. Develop your physical capabilities. Play hard. With our focus on personal choice, we accommodate your fitness and ability level. If you are a strong athlete, you can compete and become even better. For every level of athlete, you can improve at your own pace, with others at your level, under the guidance of our expert instructors.

Our Adapted Physical Education program for campers with special needs welcomes all participants. You'll learn to appreciate and understand the value of sportsmanship, teamwork, and taking care of your body, as well as the joy of pursuing new challenges.



Activities

Soccer
Baseball
Basketball
Swimming
Lacrosse
Gaga
Yoga

Martial Arts
Gymnastics
Ultimate Frisbee
Flag Football
Flag Rugby
and More



CREATE

Arts and Drama

Whether Spilling Paint or Your Heart Out on Stage

Bring out your inner artist! Through our performing and visual arts programming, you get to express yourself in a collaborative, supportive environment. We encourage experimentation, improvisation, moving in different directions, and just going for it.

If you are a talented artist, you can fine-tune your skills. If you want to find out if you are a future artist or performer, we'll nurture your talents so they can blossom. If you just want to try something new or a different art form without being intimidated, this is the camp for you. Each week, you'll get to show off your creativity in group and individual performances and exhibitions.

We actively integrate respect, encouragement, positive support, and understanding into every day.



Activities

Painting and Drawing
Theater
Music
Dance
Photography
Film Making

Fashion
Animation
Pottery
DJ/Scratch Lab
and More



EXPLORE

Outdoor Adventure

Make Tracks on Outside Endeavors

Get into the woods with classic camp activities like hiking, boating, and climbing. Here, you'll learn new skills, build confidence, and experience the fine art of teamwork while getting out into nature and having the thrills of adventure. You'll also learn to take care of the environment by ensuring you leave each area as pristine as you found it.

Activities

High Ropes
Low Ropes
Archery
Canoeing
Camping and Hiking

Rafting
Camping Trips
Orienteering
Geocaching
and More



DISCOVER

Science and Technology

Test Your Theories of How Things Work

Foster your sense of curiosity and love of learning while investigating and creating! You'll participate in projects from the realm of environmental and green sciences, such as designing garden drip irrigation systems and building rockets or robots. If you are inquisitive, you'll have the opportunity to ask questions and experiment to create solutions that positively impact the entire camp.

Learn the importance of taking care of your body by understanding how it processes food. Participate in caring for the earth. See the way ecosystems are interdependent. Are you a future scientist or computer specialist? Expand your knowledge and discover exciting mysteries about our world.



Activities

Rocketry
Robotics
3D Printing
Green Sciences
Dark Room Photography

Lego Engineering
Astronomy
Geology
and More



GROW

Farm to Table

Enjoy the Fruits of Your Labor

Develop your green thumb! Try something new! While spending time at our real farm and country kitchen, you'll gain a deep understanding of the entire food chain — from gardening and fermentation to the mechanics of farmers' markets and the culinary arts. You get your hands dirty, experiment, try different approaches, and have the gratification of seeing results. With hands-on participation in growing, cooking, maintaining, and producing, you will contribute to building a healthy body, healthy communities, and a healthy planet.

Activities

Organic Farming
Culinary Arts
Eco Spa
Gardening

Nature Art
Outdoor Cooking
Animal Exploration
and More



SPECIAL NEEDS INTEGRATED

For Children with Mild to Moderate Developmental and Autism Spectrum Disorders

Our integrated programs reflect our desire to be inclusive whenever possible and to cater to the needs of each individual child. By adapting the programs offered throughout Camp Twelve Trails, we focus on providing everyone a caring, safe, and engaging environment. Transparency, open communication, and problem-solving are vital aspects to success in camp. To ensure that each child's needs are properly met, we conduct an intake interview with each camper.

Camp Twelve Trails Integrated

For Grades K-6

Days are filled with fun, friendship, and skill-building. Your camp experience will include swimming, a daily elective choice and a weekly schedule focused on your preferred interests. Enhanced staffing and support are provided throughout.

For Grades 7-10

The Teen Program includes all the activities enjoyed by the younger children with the added attraction of day trips and weekly travel as well as specialty tracks.



For more information on our special needs programming, please call 845-735-2383 and follow the prompts to be connected with our Special Needs Services Department.

TERRIFIC OPPORTUNITIES AND ADVENTURES FOR TEENS



CIT's Leaders In Training

For Grade 11

Leadership development is an important component of the teen experience at Camp Twelve Trails. You will participate in community service initiatives, modeling for other campers the impact they can have on the environment and the world around them. You will also receive valuable tools and training through workshops and first-hand experience under the guidance and support of professional camp staff. Amidst a community that both supports and challenges you, and that understands the power of the peer network experience, Camp Twelve Trails will help you develop the confidence and skills you will use for a lifetime.



Teen Adventure

For Grades 7-10

As a teen you get to take our five Neighborhoods to the next level through project-based programming at camp and on day and overnight trips outside of camp. Whether exploring the outdoors on white water rafting trips, working with local farmers to support farm to table projects, learning the tricks of the trade from successful athletes and actors, or traveling to fascinating destinations, you will experience the excitement of new opportunities and adventures with your peers.



CAMP TWELVE TRAILS STAFF



THE SPECIFICS

Camp Dates

The full camp season is June 30 - August 19, 2016.

Your child can attend week-to-week or for individual weeks, with a two-week minimum. We are flexible and will work with you to customize your child's summer experience and meet your vacation schedule.

Helping Your Child Grow

The key staff and point people at Camp Twelve Trails are the same people you have been working with at our camps in previous summers and at our individual JCC/ YMHA agencies the rest of the year. With a combined 300 years of experience, they lead a diverse team of highly trained professionals and specialists.

We ensure that each child feels comfortable, grows to their full potential, and comes home asking for more.

Week 1	June 30 - July 1 & July 5 - July 8
Week 2	July 11 - July 15
Week 3	July 18 - July 22
Week 4	July 25 - July 29
Week 5	August 1 - August 5
Week 6	August 8 - August 12
Week 7	August 15 - August 19

Location

We are in newly renovated facilities at the Henry Kaufmann Campgrounds in Rockland County, NY.

Transportation

We offer both door-to-door and central bus pick up. Buses pick campers up from a number of locations, including the three agencies' campuses in Washington Heights, Riverdale, and Tarrytown, and at multiple stops in Upper Manhattan starting at West 97th Street.

Please see the website www.camptwelvetrails.org for the nearest pick-up location.

To Register

www.camptwelvetrails.org
845-735-2383



YM & YWHA of Washington Heights & Inwood
54 Nagle Avenue
New York, NY 10040

DISCOVERY AWAITS

TAKE CHARGE OF YOUR
SUMMER ADVENTURE



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